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Weight Loss Hypnosis and Affirmations: Rapid Weight Loss Bundle with Gastric Band Hypnosis and Daily Affirmations

Law of Attraction Collection

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Getting to a healthy weight is a life-changing experience - one that brings with it enhanced health, more energy, and a positive mood. Yet losing weight proves to be a challenge for many, as it requires higher than normal discipline, dedication, and determination.

This hypnosis and affirmations bundle is designed to help you mentally undergo a surgical procedure that inserts a gastric band into your stomach, shrinking its capacity and helping you feel fuller faster. Since it does not require actual surgery, it is 100 percent safe while effectively convincing your subconscious mind that your stomach is now smaller and needs less food.

This bundle includes the following audiobooks:

1. *Gastric Band: Weight Loss Hypnosis for Extreme Weight Loss*
2. *Daily Affirmations: Weight Loss Success*

This bundle will help you:

- Lose weight faster
- Eat smaller portions
- Feel fuller quicker during meals
- Develop healthier eating habits

Losing weight or maintaining a healthy weight starts with your mind. It is easy to give into negative self-defeating talk that tells you "it's out of my control". This kind of excuse gives you permission to avoid the difficult but necessary steps of changing bad habits and forming new, healthier habits that will eventually improve the quality of your life. To achieve your weight loss goals, a more proactive and positive mindset is needed.

While getting to your ideal weight may be a challenge, it is not impossible. You can reach your desired weight, feel healthier, and stay in shape for life with the right mindset.

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