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Making Youth Soccer Fun! Ages 4 to 8: A Guide to Coaching (Volume 1)

Paul Sabiston

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Making Youth Soccer Fun! Ages 4 to 8 is a coaching guide that will give any parent, volunteer, or a beginner in coaching all of the basic tools to teach and coach youth soccer players, both boys and girls, from ages 4 to approximately 8. The drills and activities are useful for both outdoor and indoor soccer. If you are worried that you lack general knowledge of soccer, its techniques, and the rules of the game, or do not know how to run a practice session for 4 to 8-year-olds — fear no more! This book also will help you with: • General approaches on how to coach and engage young players • Team management advice on communication, coordinators, parents, forms, etc. • Quick-and-easy-to-apply practice activities • Straightforward answers to some critical soccer questions • Game day logistics • Formations • Understanding the basic rules of soccer • 25 Pro Tips to simplify your coaching efforts • Over 30 detailed practice activities with diagrams to get you through an entire season and more! Finally, a soccer book written in easy-to-read terms that provides the basics of teaching young players the game of soccer for both new and more experienced coaches. Coach Paul Sabiston, a veteran soccer player and coach, has played or coached youth soccer for over 35 years at all levels, including playing collegiate soccer at Wake Forest University. This book is the first in the series of Making Youth Soccer Fun! — that includes books for soccer coaches and young players alike. Check out his website at www.psabistonbooks.com.

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