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Ignite Execution - Discover Why You Are Stuck and How to Start Getting Results

Max Saunders

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Have you ever felt that you are stuck in a maze and no matter what you do you cannot get out of it?

That feeling of helplessness and frustration that comes when all you are doing seems to be leading you nowhere can be called as a plateau. It is when you stop progressing after your initial success.

There are a lot of factors that can contribute to a plateau but you can also implement daily actions to develop a habit of overcoming it.

This book contains information on what you can do to get out of the maze and stop being frustrated about not seeing results.

Unlike other books before it, this book not only contains information and tips that you can implement in all aspects of your life but also contains special chapters on how you can be more productive at work.

Furthermore, this book also highlights the importance of positive thinking and how you can stay calm and collected amidst the stress that surrounds your daily life.

Benefits of this book:
• You will understand the reason why you feel stuck in the first place
• You can will be provided with tips on how you can overcome each obstacle
• How to overcome the feeling of frustration and stress related to being stuck
• Learn how you can become more efficient in your work
• How you can focus on the process
• Benefits of being process oriented
• Learn daily actions that can help your build good habits
• How to deal with your negative psychological issues that can make you feel stuck
• How you can stay calm in every situation

Do you want to get out of that maze and start feeling satisfied and successful?

If so then grab a copy of this book and learn how you can develop habits that can make you more productive.

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