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All of Me: How I Learned to Live with the Many Personalities Sharing My Body

Kim Noble

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Taking the reader through an extraordinary world where the very nature of reality is different, this personal narrative tells the story of one woman’s terrifying battle to understand her own mind. From the desperate struggle to win back the child she loves to the courage and commitment needed to make sense of her life, this account recalls Kim Noble's many years in and out of mental institutions and various diagnoses until finally being appropriately diagnosed with dissociative identity disorder (DID). Described as a creative way some minds cope with unbearable pain, DID causes Kim's body to play host to more than 20 different personalities—from a little boy who speaks only Latin and an elective mute to a gay man and an anorexic teenager. Sometimes funny and ultimately uplifting, this brave illumination of the links and intersections between memory, mental illness, and creativity offers a glimpse into the mind of someone with DID and helps readers understand the confusion, frustration, and everyday difficulties in living with this disorder.

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