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Authentic Italian Made Easy...Savory Soups and Salads: For Busy People Who Want to Eat Well (Includes many Paleo-friendly recipes!)

Olivia Giordano

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Soup's On!

The basis of all the *Authentic Italian Made Easy...For Busy People Who Want to Eat Well* cookbook series is to demonstrate that eating well does not have to be complicated.

Italian soups and salads are an excellent example of this.

Whether you are experienced in the kitchen or are just beginning to learn how to cook, Olivia's friendly writing style and straightforward prep instructions make it easy for the reader to engage with her recipes.

In this edition *Savory Soups and Salads*, over 35 recipes are provided, including variations and *Paleo-Friendly modifications*. You'll be creating wholesome, healthy and satisfying soups and salads with little effort in no time at all!

Here just a few of the delicious soups and salads you'll find inside:

- Carrot Soup with Orzo
- Escarole & Sausage
- Fennel & Vegetable Soup
- Fresh Mushroom Soup
- Chicken and Artichoke Soup
- Pasta Fagioli (Pasta and Bean Soup)
- Primavera Tomato Soup
- Roman Egg Soup with Spinach
- Several home made salad dressings
- Artichoke & Red Roasted Pepper Salad
- Italian Potato Salad...and much more!

Scroll up to grab your copy today or as a thank you for exploring this title, select "Look Inside" to gain access to two *FREE RECIPES*

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