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# Design For Wholeness: Dealing with Anger, Learning to Forgive, Building Self-Esteem

*Brother Loughlan Sofield, Sister Carroll Juliano, Sister Rosine Hammett*

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**Design For Wholeness: Dealing with Anger, Learning to Forgive, Building Self-Esteem** Brother Loughlan Sofield, Sister Carroll Juliano, Sister Rosine Hammett
The authors present a model and a case study for understanding and dealing with anger, a discussion of forgiveness, a model for increasing self-esteem, and more. Clear and readable.

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