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The Women's Code presents: Happy Woman Happy World

Beate Chelette

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The Women's Code presents: Happy Woman Happy World Beate Chelette
Chelette, a trainer, coach and speaker imparts her proprietary strategies that can take any woman from being overwhelmed to awesome. She deduces that women can have it all, just not at the same time. Instead she offers her original concept of ego-RHYTHM®, which allows women to delve into defining what is most important during their various stages of life, then teaches them how to set a Main Focus, re-structure their lives for better Work-Life Balance and put an end to the crazy-making lifestyle. In addition, she discusses the struggles of today s women in the workplace and how they sabotage career advancement, while addressing the culture of mean girls, the distasteful behavior that women perpetrate on each other which ultimately undercuts self-confidence and success. She introduces her philosophy of The Women s Code® which is nothing less than a completely new awareness of about how women relate to each other, and a new paradigm for teaching women how to find and give support and collaborate to truly achieve happiness with their lives.

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