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The Chocolate Lovers' Diet

Matthews Carole

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The Chocolate Lovers' Diet Matthews Carole
The much-loved characters from *The Chocolate Lovers' Club* are back in this fabulous follow-up from the *Sunday Times* bestselling and readers' favourite Carole Matthews.

Survival tips for times of stress:
1. Take deep breaths
2. Count to ten
3. Eat chocolate

Lucy thought she had got her happily ever after with the gorgeous Aidan but things aren't turning out the way she had hoped they would. But she's not the only one with problems - Autumn's new boyfriend has yet to meet her parents, Nadia's husband has sworn he's given up gambling but she's finding that hard to believe, and Chantal is doing all she can to save her marriage.

It's clear that these girls are going to need a lot of chocolate...

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