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Working with Loss and Grief: A Theoretical and Practical Approach

Linda Machin

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This updated second edition of Working with Loss and Grief provides a model for practitioners working with those who are grieving a significant life loss. Making clear connections between theory and practice, the 'Range of Response to Loss' model provides a theoretical 'compass' for recognising the wide variability in reaction to loss and the 'Adult Attitude to Grief' scale is a tool for 'mapping' individual grief and its change over time, providing an individual grief profile. Together these offer a framework for practitioners to:

-listen to stories of grief told by clients

-identify common patterns in grief

-recognize individual difference in grief response

-make assessments

-prompt therapeutic dialogue

-guide therapeutic focus and

-evaluate outcomes.

This edition includes: a new chapter on 'The RRL Model and a Pluralistic Approach to Counselling' ; two new case studies; additional content on vulnerability; new grief assessment tools and systems, and the latest research.

Dr Linda Machin is Honorary Research Fellow at Keele University, having been a Lecturer in Social Work and Counselling at Keele. She established a counselling service for the bereaved in North Staffordshire and continues to work as a researcher and freelance trainer.

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