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Summary of 'Into the Magic Shop' by James R. Doty, MD | Includes Analysis

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Summary of *Into the Magic Shop* by James R. Doty | Includes Analysis

Preview:

In his memoir *Into the Magic Shop*, Dr. James R. Doty describes how simple meditative techniques have had a profound effect on both his personal and professional paths. His account traces his evolution from troubled child to struggling student to distinguished neurosurgeon, including his tenure as the CEO of a billion-dollar company. From the vantage of his current role as the founding director of a compassion-research center at Stanford University, he reflects on the ups and downs of his life so far.

He begins with a detailed account of one summer that changed his life. In 1968, up-and-coming eighth-grader James Doty went by "Bob" and lived with his impoverished family in Lancaster, California, a small town about 70 miles north of Los Angeles. Bob was a caretaker, not just for himself, but also for his mother, who was depressed; his father, who was a violent alcoholic, and his brother, who was frequently bullied by other kids....

Please note: This is a summary and analysis of the book, and not the original book.

Inside this Instaread Summary of *Into the Magic Shop*:

- Summary of the Book
- Important People
- Character Analysis
- Analysis of the Themes and Author's Style

About the Author

With Instaread, you can get the key takeaways, summary, and analysis of a book in 15 minutes. We read every chapter, identify the key takeaways, and analyze them for your convenience.

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