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Healing Families: Courage and Faith in Challenging Times

Diane Marshall

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Families today face a multitude of complex challenges: overwork, racism, physical and mental illness, substance addiction, marital breakup, and many more. In tough times, the family can be a place of healing and support.

People tend to seek healing when they are in pain and denial is no longer an option. It is healing when people find new insight and decide to make changes. It is healing when people gain (and regain) self-respect and spiritual connection.

From 30 years of counselling families, Diane Marshall offers detailed explanations, first-hand stories, constructive approaches, and tested exercises and resources to help people understand and respond effectively to the growing challenges facing families today.

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