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Alcohemy: The Solution to Ending Your Alcohol Habit for Good-Privately, Discreetly, and Fully in Control

David Norman

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"It's happened again! What did I do last night? I can't remember. Jeez, I hope I didn't do or say anything to embarrass myself or my wife. Think, man, think! Bloody h***, I hate it when I drink too much and can't remember what's happened. I can't keep doing this to myself...or her. But what the h*** do I do? I don't believe I could ever stop drinking completely."

For many years, this is how David used to wake up in the morning. After a harsh upbringing on a remote Australian cattle property, David turned to alcohol at an early age in an attempt to replace the emptiness he felt and to simply "feel good." After many desperate years of failed attempts to moderate and manage his drinking habit, David reached his tipping point. He was too proud and embarrassed to seek public help, so he used his own analytical skills to search within for the ultimate solution.

The result is his hugely successful 13-element *Alcohemy* process, which completely and permanently changed the way he viewed alcohol. This process changes behavior from the inside out and asks the question why any of us drink alcohol at all, as many of us are alcohol dependent without realizing it. *Alcohemy* takes an in-depth look at the "Why, How, and Belief" factors of alcohol dependency. It prepares you well for an alcohol-free life by systematically examining your upbringing, values, benefits versus consequences, desires versus fears, old versus new actions, and dealing with unhelpful friends.

Alcohemy is a proven process for anyone questioning the role of alcohol in their life. It gives you the power to succeed, revealing that alcohol doesn't free you to be yourself, but actually limits your full potential. With *Alcohemy*, you can recover from the depths of despair to become the "master of your fate, and captain of your soul."

-*Alcohemy* is a proven 13-element plan that will help you become alcohol-free based on real-life, personal experience.

-*Alcohemy* will change you from the inside and deliver the outward results. You will not have to constantly resist drinking or be labeled an alcoholic for the rest of your life; the desire for alcohol will truly cease.

-The *Alcohemy* process can be accomplished discreetly in the privacy of your own home.

-*Alcohemy* highlights the real cost of alcohol-related problems globally and personally.

-*Alcohemy* puts the power to succeed back in your hands, where it should be.

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Brian Lopez:

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Cindi Russell:

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