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Low Carb Slow Cooker Recipes: 200 Days of Impossibly Delicious & Effortless Cooking

Gordon Langston

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200 Impossibly Delicious Low Carb Slow Cooker Recipes

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It has been scientifically proven time and time again that a low carb (carb restricted) diet yields a multitude of benefits. This includes greater weight loss, increased levels of HDL Cholesterol, lower levels of triglycerides, and improved glycemic control making this diet effective for anyone looking to lose a few pounds, reduce the need for any glucose-lowering medication (a very positive benefit for diabetics) or reduce the chances of heart disease.

Here Are Some Of The Low Carb Recipes You'll Learn How To Prepare...

- Beef Roast With Madeira
- Slow Cooked Chipotle Chicken
- Madras Chicken Curry
- Carnitas
- Santa Fe Chicken Soup

I encourage you to take action and pick up your copy of this cookbook today!

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