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I Can Still Hear Their Cries, Even in My Sleep: A Journey Into Ptsd

E. Everett McFall

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A teenage U.S. Marine Corps medic left the U.S. for a tour of duty in Southeast Asia in 1966. Those 364 days in Vietnam forever changed his life. Forty years later, at the age of sixty, he is still fighting through depression, nightmares, and recurring flashbacks with intrusive thoughts. Writing has afforded E#. Everett McFall rays of hope, as he continues to struggle with his inner demons. He states, "I can hear their cries, even in my sleep."

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