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Cocaine Addiction: Treatment, Recovery, and Relapse Prevention

Arnold Washton

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"A clear and vivid picture of cocaine addiction: the drug, the progression of drug dependence, and most important, the outpatient treatment and recovery process." ?Sheila B. Blume, M.D., South Oaks Hospital, Amityville, New York

Cocaine is America's fastest growing drug problem, especially since the appearance of crack. This concise, highly practical book is a detailed guide to clinical assessment and treatment of cocaine addiction, with emphasis on outpatient treatment and relapse prevention strategies. In a straightforward, uncomplicated style, the author provides a wealth of practical information that is useful not only to professionals but also to cocaine users themselves, as well as to their families, friends, and employers?all of whom can benefit from an increased understanding of the addiction and its treatment.

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