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The Reminder: Quiet Power, Peaceful Confidence (Your Personal Workbook and Journal for Success)

Sonia Huh

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The Reminder, Your Personal Workbook and Journal for Success will nudge you into the road less traveled, which is, taking a really good look at yourself. How do you know your purpose in life if you don't truly know who you are? Who are you, truly? What have you become? Who could you be? Who should you be? It is time to reflect on who you have become and time to discover who you should become. This personal workbook and journal for success is written with the strong belief that we are created with divine, innate intelligence, innate power and innate wisdom. The purpose of this personal workbook and journal is to discover who you should become as opposed to what you have become. To guide and assist you, The Reminder, Your Personal Workbook and Journal for Success provides you with numerous meditations, quotes and questions to deeply reflect on. Take a very honest look at yourself and write down your very honest answers in the writing spaces provided for you. Process your thoughts and find your own answers, because nothing will be tangible to you or for you unless you have truly experienced it for yourself. The Reminder, Your Personal Workbook and Journal for Success believes in you and will give you a fresh perspective on self-worth. No matter whom you are, where you have been, what you have done and who you have become as a result, it will work with you to find your true and unique self, who deserves the chance to be discovered, cultivated, nourished, respected and well loved! Take a deep breath! Letis begin! Let the beauty you carry inside you shine through! Sonia Huh is one of those rare individuals who truly believes that we can determine to become more loving, more kind, and more patient towards each other. She hopes that her reflections on Quiet Power, Peaceful Confidence will provide a beacon of hope and inner peace to those who are struggling, who are lost, and who are ready to make a change. Sonia lives in Washington, D.C. with her husband and two children."

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