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The Analysis of the Self: A Systematic Approach to the Psychoanalytic Treatment of Narcissistic Personality Disorders

Heinz Kohut

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The Analysis of the Self: A Systematic Approach to the Psychoanalytic Treatment of Narcissistic Personality Disorders Heinz Kohut
Psychoanalyst, teacher, and scholar, Heinz Kohut was one of the twentieth century's most important intellectuals. A rebel according to many mainstream psychoanalysts, Kohut challenged Freudian orthodoxy and the medical control of psychoanalysis in America. In his highly influential book *The Analysis of the Self*, Kohut established the industry standard of the treatment of personality disorders for a generation of analysts. This volume, best known for its groundbreaking analysis of narcissism, is essential reading for scholars and practitioners seeking to understand human personality in its many incarnations.

“Kohut has done for narcissism what the novelist Charles Dickens did for poverty in the nineteenth century. Everyone always knew that both existed and were a problem. . . . The undoubted originality is to have put it together in a form which carries appeal to action.”—*International Journal of Psychoanalysis*

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