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The Insatiable Quest for Beauty: A young woman's guide to overcoming our culture's obsession with perfection

Tiffany Dawn

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NEW & IMPROVED VERSION: Authored by Tiffany Dawn, cover design by Kirsten Reilly, and edited by Kelly Hopson. BOOK DESCRIPTION: At 17 years of age, Tiffany was willing to pay any price to be "good enough." Her attempts only led to hating herself, drowning in disordered eating, and deciding she was not the kind of girl that guys fall in love with. Join Tiffany for twelve "coffee dates" as she spills her heart onto these pages, sharing the steps that helped lead her to freedom.

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