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Helping Skills for Social Work Direct Practice

Jacqueline Corcoran

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Direct practice foundation courses in social work prepare students for every step of the problem-solving process, yet too often emphasize the *what* and the *why* of practice at the expense of the *how*. This practical, easy-to-use, and hands-on guide bridges this gap by illustrating the helping skills that practitioners can actually use to influence people's lives in positive ways. Integrating two major helping models--motivational interviewing and solution-focused therapy--it equips students with the techniques and skills necessary for activating client strengths throughout the problem-solving process. *Helping Skills for Social Work Direct Practice* presents a wealth of sample dialogue, exercises, tips, and do's and don'ts, all designed to encourage learning by doing. This workbook helps make the links between theory and practice with these unique features:

- Chapters logically organized by phases of the problem-solving process
- Case demonstrations involving a variety of roles, including case manager, crisis intervention counselor, medical social worker, and school social worker
- Practice exercises that prompt students to apply and generalize skills to different practice settings and client problems
- Exhibits and reflection questions facilitate integration between classroom learning and the internship experience
- An online instructor's manual (www.oup.com/us/helpingskills) with detailed answers to discussion questions

From the first meeting with clients, to assessment, goal-setting, evaluation, and the ethics that guide the process throughout, this is the nuts-and-bolts guide to helping clients using a strengths-based perspective.

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